

# Youth Achievement Award | Gold

Building skills by organising and leading activities for others



PLAN



DO



REVIEW

You can complete your Gold Award all in one challenge or in up to four challenges.

Each challenge must be recorded in its own award booklet.

(Keep track of your booklets with the tick boxes below.)

Name:

Ava MacDonald

Date of Birth:

30 January 2009

Postcode:

G72 9LB

Group/Project/School:

Senior Youth Club

Scottish Candidate Number:

345678910

Booklet Number:

4567

Because this is an SQA Customised Award, you must include your SCN to get your certificate.

This is my:

1st Challenge



2nd Challenge



3rd Challenge



4th Challenge



With the Gold Youth Achievement Award, you'll have the chance to build your skills by taking the lead on organising and delivering an activity for others. As you start your learning journey, take some time to plan what you will be doing and decide what your goals will be.

**You can choose!** You'll complete 60 hours of learning for your Gold award. You can do this all in one challenge or, if you'd rather spread your hours out across different projects, you can do up to 4 challenges (each 10+ hours). You will need to complete one booklet for each challenge (and don't forget to mark the challenge number on the front cover!)

## Planning My Gold Youth Achievement Award

**What is the activity, project or event you are going to organise and lead? (This will be your challenge)**

*I am going to organise and lead arts and crafts sessions in a local care home.*

*These questions will help you plan your challenge.*

*At the Gold Award level, your challenge will be to build your skills by organising and leading an activity for others.*

**Create a list of the key tasks that you will need to complete to achieve this challenge.**

- Research and plan activities that will be suitable for the residents
- Get funding and order materials
- Contact care home to make arrangements and find out how many residents will attend
- Practice activities and make session plans

**Why do you want to take on this challenge?**

*I want to engage with my community care home and give the residents something fun to pass the time. I also want to learn more about other generations and what kind of things they like to do.*

*You can complete 1 - 4 challenges for your Gold Award.*

*Each challenge must be 10+ hours (with a total of 60+ hours for the award).*

**List some of the skills you want to gain/improve by working on this challenge.**

**Remember:** a skill can be something practical and specific that you've learned how to do, or it can be something you're able to do in general that helps you succeed in different projects (things like communication, decision making and leadership).

*Leadership, good communication with a different generation.  
Gain skills in research, organisation and budgeting.*

*Written work for the award can be scribed on your behalf. (Make a note where this occurs.)*



## Planning My Challenge

My challenge is to...

*Plan, organise and lead arts and crafts sessions in my local community care home.*

Review your planning pages and come up with a title for your challenge.

### My personal targets

Review your answers from page 2 and choose 4 things that you would like to work towards while completing this challenge (for example, something you hope to achieve or a skill you want to build). These are your personal targets.

1:

I will ... *Research good arts and crafts activities for care home residents*

2:

I will ... *Organise and develop 10 session activities*

3:

I will ... *Gain better leadership skills*

4:

I will ... *Improve my organisational skills*

You will set 4 targets for the challenge. Targets can be:

- Steps in the process of completing your challenge
- Particular skills you want to build
- Specific goals you want to achieve

## Peer Assessment

Show the plan you've made to a friend or member of your group and ask them to check that it meets the requirements below. When they agree that it does, they must tick the boxes, then sign and date.



You have clearly described your challenge



In your challenge, you will be planning and leading an activity/event for others



You have set yourself at least 4 personal targets to work towards



Your challenge and targets are suitable for you

Friend/group member's name:

*Erin Black*

Date:

*26/8/24*

Peer assessment can be done by any other young person.





## Challenge Time Log

Use the space below to record and track any time you spend working on your challenge. Along with this log, you'll need to create a **portfolio of evidence** that shows what you've done and achieved. When your challenge is over, you'll also give a **presentation** that shares the work you've done through your Gold award. You'll learn more about building your portfolio of evidence and preparing your presentation in the upcoming sections.

**Did you know?** If you've completed a Silver Youth Achievement Award, some of the hours you spent on that award can count towards your Gold! Just add your Silver award to the time log below as 'previous learning' and make sure to include a picture or copy of your Silver award certificate when you submit your portfolio of evidence. (A Silver Youth Achievement Award counts towards 60 hours you will need for your Gold award.)

In this time log, track the hours you spend:

- Planning the challenge
- Working on the challenge
- Reviewing your award

(As well as previous learning hours you want to claim)

Date	Time spent (hours)	What did you do
DD/MM/YYYY	30 hours	Previous learning – Silver Youth Award
DD/MM/YYYY	1 hour	I completed the planning pages of my Award Booklet
3/3/2024	30	Previous learning - Silver Youth Achievement Award
26/8/2024	2	Researching suitable arts and crafts activities
28/8/2024	2	Obtaining £200 budget and planning for materials
4/9/2024	1	Updating budget and contacting care home for dates
5/9/2024	1.5	Shopping for materials
10/9/2024	3	Preparing activities, leading session 1 (picking paint templates and colours) & completing session reflection
17/9/2024	3	Preparing materials, leading session 2 (colour painting), & completing session reflection
24/9/2024	3	Preparing materials, leading session 3 (completing paintings, learning to mount them) & session reflection
1/10/2024	3	Preparing materials, leading session 4 (mounting paintings) & completing session reflection
8/10/2024	3	Preparing materials, leading session 5 (paper plate bonnet door wreaths) & completing session reflection
22/10/2024	3	Preparing materials, leading session 6 (decorating bonnet door wreaths) & completing session reflection







## Building a Portfolio of Evidence

As you work on your challenge, you will build a portfolio of evidence—this is a record of everything you’ve done and achieved.

### What is evidence?

Many things can be evidence of the work you’ve done for your challenge. It’s up to you what you choose to include in your portfolio, but you might add things like:

- Photos or videos
- Drawings
- Writing
- Receipts
- Planning sheets
- Flyers
- Supporting statements
- Evaluations
- Questionnaires
- Newspaper clippings
- Social media posts or pages
- Text and WhatsApp messages
- Materials used during your presentation (for example PowerPoint, photos, notes)

### Tips for Recording Evidence:

- Add your evidence while it’s fresh, shortly after the activity
- Identify / highlight yourself in any group photos you include
- Redact personal details from your evidence before submitting
- Clearly caption your evidence, including how it links to the challenge and targets

**Reminder:** No matter what kinds of evidence you choose, you should include an explanation along with each that describes what it is and how it relates to your challenge and personal targets. You will also need to make sure your time log is updated as you add new evidence.

**Want a Silver award to count towards your Gold?** If you’ve added a Silver Youth Achievement Award as previous learning in your challenge log, don’t forget to include a picture or copy of your award certificate in your portfolio of evidence!

## Creating your portfolio

A portfolio is an organised collection of evidence, but it’s up to you what you want it to look like. Your portfolio could be a binder, scrapbook, digital file or any other way you’d like to present the evidence for your challenge. Just remember that no matter how you collect and organise your portfolio, you’ll need to upload a digital version of it when you submit your award.

If you want, you can use our **Evidence Booklet** as a template to build your portfolio.

**Reminder:** No matter how you organise your portfolio of evidence, make sure you’ve clearly labelled it with your name, the name of the award you’re completing (Bronze, Silver or Gold) and the name of your challenge.



## Reviewing Your Challenge

Look back at the personal targets you set for this challenge. List these targets again here and describe what you did during your challenge to work towards each one.

**1:**

Research good arts and crafts activities for care home residents

I used the internet to research arts and crafts activities for seniors. I found some great ideas that worked for my budget and would be fun for the residents.

**2:**

Organise and develop 10 session activities

I developed sessions on colour painting, making door wreaths and modelling with clay. I also created an art display day with everyone's work.

**3:**

Gain better leadership skills

I believe I have gained strong leadership skills through this challenge. I have planned and led sessions with lots of participants and have also been able to be patient and help others when they needed it.

**4:**

Improve my organisational skills

I have definitely improved my organisational skills with this challenge. I had to plan out all the arts and crafts sessions, manage a budget, and make sure we had all the materials and time we needed for each activity.

### What did you enjoy most about your challenge?

I really enjoyed meeting the residents of the care home and learning about them. They were very kind and enjoyed the sessions. At the art display day, they were all really happy to show off what they learned. I am going to carry on and do more sessions next year.

### Reflect on the level of responsibility you took when completing your challenge. How did you take individual responsibility and lead activities for others?

I took individual responsibility to plan all the sessions, manage my budget and prepare all the materials. I organised dates and times with the care home and did research to find the right activities for the group. I also led all the arts and crafts sessions for participants.

### What was the most difficult part of this challenge? How did you work to overcome this difficulty?

The space we had to do the activities was small and after the first session, I had to split up all the participants into smaller groups. This worked well in the end and it also let me spend more time with everyone as they worked on the activities.





## Reflecting on Skill Development

Think about how working on your challenge has helped you to improve or build new skills. Tick all that apply.

### Self-Management Skills – (organisation, responsibility, decision making)

- ☒ I set my own goals and broke down big objectives into smaller tasks (challenges and targets)
- ☒ I took time to plan my work and was organised
- ☒ I stayed focused and worked to deadlines when I needed to
- ☒ I showed resilience and kept trying even when I found something difficult
- ☐ I took responsibility and prioritised or delegated tasks to make sure everything got done

Reflect on your experience and tick what applies (you don't need to tick every skill).

### Co-operation and Social Skills – (communication, teamwork, leadership)

- ☒ I encouraged others to share their ideas and worked to make sure everyone felt included
- ☒ I supported and motivated others when we tried to accomplish a task
- ☒ I gave instructions and/or shared my knowledge with others to help them complete a task
- ☐ I helped find a compromise for different opinions and/or helped resolve a conflict

As you reflect on specific skills, think about how they fit together into general skill categories.

### Critical Thinking Skills – (curiosity, creativity, problem solving)

- ☒ I tried to imagine what others might want or need in an activity as I made my plans
- ☐ I considered possible risks in an activity and thought of how to take precautions
- ☒ I was flexible and adapted my ideas when a situation changed or I got new information
- ☒ I used my judgment to consider options and make decisions about what would work best

## Reflecting on Personal Development



### FINAL REVIEW

To finish your challenge review, reflect on each statement and tick the box that matches your experience.

What difference has completing your challenge made to you? Tick one box for each statement.

Green for 'A Lot' – Yellow for 'A Little' – Orange for 'The Same'

	A lot	A little	The same
I feel more confident in myself	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am better at dealing with things that don't go to plan or how I expected	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am better at planning, organising and staying focused on tasks	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
I am better at listening, talking and getting along with others	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am better at working together with others to achieve a task	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am better at thinking about things, solving problems and making decisions	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
What I have done in this challenge has improved things for myself, others or the world around me	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

I confirm that this is all my own work and where I have had help this has been noted.

Name:

Ava MacDonald

Date:

28/11/24

Signature:

Ava MacDonald

Signing the confirmation statement is an important part of taking ownership of the work you've done.

## Peer Assessment



### FINAL REVIEW

Show this completed booklet and your portfolio of evidence to another young person and ask them to check that you have met the requirements below. When they agree, they must tick the boxes, then sign and date.



You have completed your planning pages in full



You have accurately recorded the time you spent working on your challenge (remember you will need 60 hours to complete your award)



You have evidence of working towards your personal targets



You have evidence of planning and leading an activity/event for others



Your portfolio is well-organised and presents evidence linking to your challenge and personal targets



You have completed your challenge review in full (and, if this is the only or final challenge you will do for your Gold award, you have also completed the sections for planning, delivering and reviewing your presentation)

Friend/group member's name:

Erin Black

Date:

28/11/24

The peer assessor can be the same or different from the one who reviewed your planning pages.

## Supporting Statement

Ask a youth worker, teacher or another adult who supported you to add a statement below about how they think you got on in your challenge.

Your teacher or youth worker should provide a supporting statement here. This should be specific to you and the work you did in your challenge.

Ava has done a remarkable job leading sessions with the residents. She has shown great organisational skills and was very flexible and adapted the sessions when the room was not big enough. She has made the residents very happy and they have asked for her to return, which is such a compliment to her. I wish her all the success in her leadership journey.

-- Calum Grant, Residential Care Worker





## Planning Your Presentation

As part of your Gold award, you will deliver a presentation about what you have learned and accomplished through your award experience. Use the space below to help you prepare for your presentation. (Remember that the time you spend delivering and working on this presentation does not count towards the 60+ hours you need to complete your award).

**Reminder:** You might have chosen to complete more than one challenge for your Gold award, but you only need to deliver one presentation. If you're doing multiple challenges, you can leave these presentation sections blank until you reach the booklet for your final challenge. Then, use that space to reflect on your entire award experience and create a presentation that shows your full learning journey.

When and where will your presentation take place?

Date:

3/12/2024

Time:

3:30pm

Location:

Community Cafe

Who will you invite to your presentation and why?

Jane, Peter, Margo, Calum, Mum, Dad, Jennifer, Stephanie and Joanne (my youth workers, workers at the care home and my friends). I want to tell them about my award experience.

As you prepare your presentation, think about everything you've learned and achieved throughout your challenge(s). What are 3 key points you want to cover when telling other people about your award experience?

1:

The importance of planning things well

2:

How good it feels to lead sessions for others

3:

What new skills I've developed through my Gold Award

Will you use any media during your presentation? (a display board, video, PowerPoint, etc.)

PowerPoint presentation

**Don't forget the Q&A!** Make sure you've scheduled time at the end of your presentation for audience questions. As you plan for the day, you can think about what some of these questions might be so that you will be ready to answer them.



## Completing Your Presentation

Once you have finished delivering your presentation, ask two members of your audience to give a short statement about how they think you got on. If you have trouble getting these statements on the day, you can ask for them afterwards but statements should only be given by people who attended the presentation.

### Audience Statement 1

*This has been such a worthwhile activity. You have demonstrated your amazing leadership skills throughout and I enjoyed listening to your presentation and seeing all the hard work you've put into this. I hope you have a great time leading your new arts and crafts sessions in the youth club. Well done!!*

*Jane*

*Senior Youth Worker, Star Youth Club*

### Audience Statement 2

*I think you have done a good job in the care home and can't believe you managed to do all of this on your own. I liked your PowerPoint presentation very much and hope you get to use your new leadership skills in other projects soon.*

*Jennifer Andrews*

**Don't forget your evidence!** You'll need to include your presentation in the portfolio of evidence for your award. It's up to you what types of evidence you choose, but you might add things like materials you used during the presentation, photos/videos from the day or feedback you collected from your audience.

## Reviewing Your Presentation

As part of your Gold award, you will deliver a presentation about what you have learned and accomplished through your award experience. Use the space below to help you prepare for your presentation. (Remember that the time you spend delivering and working on this presentation does not count towards the 60+ hours you need to complete your award).

**Do you feel you prepared well for your presentation? Were you able to clearly communicate your points and respond to questions from your audience?**

*I think I prepared well for the presentation and I tried to speak clearly even though I was a little nervous because my friends were attending. Everyone came up to me at the end and said I did a good job. My Mum and Dad said it was brilliant and they're so proud of me for answering all the questions I was asked by my youth workers. I enjoyed the question from Margo about how to make door wreaths (I might get to lead this activity with the P6/7 group at our youth club!).*

**What was the most difficult part of preparing and delivering your presentation?**

*The most difficult part was trying to think of the three things I wanted to get across. Throughout my Gold Award experience, I learned so much and there were so many different things that happened. I hope I chose the right things to cover.*

**What would you do the same and what would you do differently the next time you need to give a presentation?**

*I would definitely prepare my prompt cards the same as I did this time because it helped me concentrate on what I had to say during my slides. If I had to do anything differently it would be to pick a time slot earlier in the day because my nerves were getting the better of me as the day went on.*

**How do you think the experience of delivering this presentation could help you in the future?**

*I have gained a lot of confidence through this experience and I am much better organised. I also think the presentation has helped me feel better about speaking to an audience. This is something I will have to do at college for my course and I am feeling much more prepared for it now.*



## Congratulations!

Your award is now ready for assessment by your youth worker/teacher!

Take the next step with our Learning Pathway!

Learn how you can build on the skills you've developed in this award with the Platinum Youth Achievement Award.

## Your Notes

*Make sure the palettes are cleaned out properly after the acrylic paint.*

*Remember to email Jane about booking the room for the presentation.*

*Need to get tea, coffee, milk and biscuits for my presentation.*



# Building skills by organising and leading activities for others

The Youth Achievement Awards were originally created by UK Youth. Youth Scotland developed the awards for use in the Scottish context, and exclusively hold the rights to operate them in Scotland.

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**Instagram:** [@youth\\_scotland](https://www.instagram.com/youth_scotland)

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Registered in Scotland.

**[www.youthscotland.org.uk](http://www.youthscotland.org.uk)**



This award has been  
SCQF credit rated by **SQA**



# Youth Achievement Award

Evidence Booklet



PLAN



DO



REVIEW

This optional booklet can  
be used to organise your  
portfolio of evidence.

If you choose to use it, make  
sure you add your challenge  
title and tick the boxes below  
so it can be matched to your  
award booklet.

Name:

Ava MacDonald

Group/Project/School:

Senior Youth Club

**Challenge Title:** (Please make sure this title exactly  
matches the one you listed in your award booklet)

Plan, organise and lead arts and crafts sessions in  
my local community care home.

I am working towards my:

Bronze Award

☐

Silver Award

☐

Gold Award

☒

This is my:

1st Challenge

☒

2nd Challenge

☐

3rd Challenge

☐

4th Challenge

☐





## ➔ Building a Portfolio of Evidence

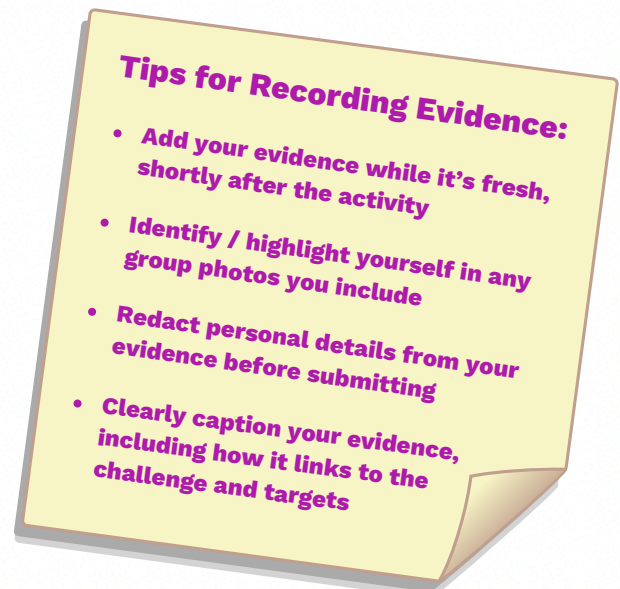
A portfolio of evidence is a record of everything you've done and achieved in your challenge. This Evidence Booklet is an optional tool to create your portfolio. You can use this space for photos, drawings, or any other type of evidence, as well as descriptions that explain the 'who, what, when and why' of each piece of evidence you include.

**You can choose!** A portfolio is just an organised collection of evidence, and it's up to you what you want it to look like. Instead of using this Evidence Booklet, you can create a portfolio with a binder, scrapbook, digital file or any other way you'd like to present the evidence for your challenge. Just remember that no matter how you collect and organise your portfolio, you'll need to upload a digital version of it when you submit your award.

### What evidence should I include?

Many things can be evidence of the work you've done for your challenge. It's up to you what you choose to include in your portfolio, but you might add things like:

- Photos or videos
- Drawings
- Writing
- Receipts
- Planning sheets
- Flyers
- Supporting statements
- Evaluations
- Questionnaires
- Newspaper clippings
- Social media posts and pages
- Text and WhatsApp messages



**Want previous learning to count towards this award?** If you've added a Youth Achievement Award or Dynamic Youth Award as previous learning in your challenge log, don't forget to include a picture or copy of your award certificate in your portfolio of evidence!

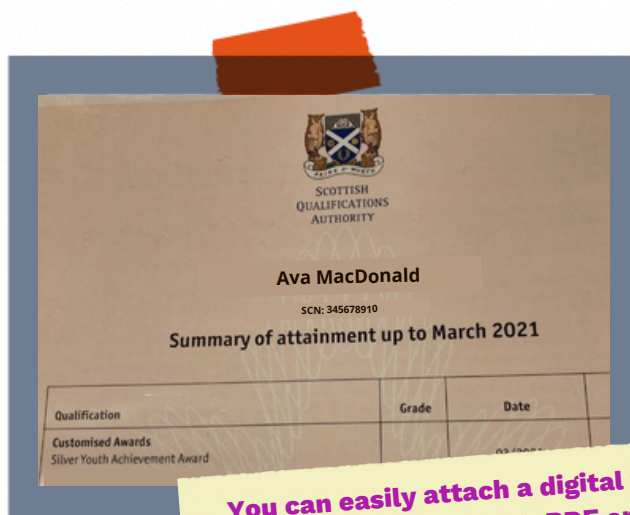
**Reminder:** No matter what kinds of evidence you choose, you should include an explanation along with each that describes what it is and how it relates to your challenge and personal targets. You will also need to make sure the time log in your Awards Booklet is updated as you add new evidence.



## Portfolio of Evidence

**Reminder:** No matter what kinds of evidence you choose, you should include an explanation along with each that describes what it is and how it relates to your challenge and personal targets. You will also need to make sure the time log in your Awards Booklet is updated as you add new evidence.

Please tell us why you have included this evidence and how it shows how you have worked on your challenge and towards your personal target or targets.



You can easily attach a digital file (like a Word document, PDF or Excel spreadsheet) as evidence.

This is a picture of my Silver Award certificate (in my time log for 30 hours of previous learning).

26/8/2024

Today I did some research on my laptop. I looked up arts and crafts activities that would be good for people in a care home. I was looking for projects that would not be hard to make and also ones we could display in the care home when they were done. I found the bonnet wreath and think this would be a great activity as a starter. Clay and painting also seem good.

(Target 1)

4/9/2024

Today I spoke with Calum at the care home to find out what dates I could come and lead the sessions. He also gave me an idea of the number of residents who are going to take part so I can get the right amount of materials. This will help me be organised.

(Target 2)

28/8/2024

I have been given a budget of £200 from the care home. I have created a budget sheet to help me keep up to date with my spending, while helping me organise my 10 sessions. These are the materials I will need:

- Paper plates and sketch book paper
- Paints and brushes
- Glue, sticky tape and scissors
- Flowers, string and ribbons
- Clay and clay tools
- Painting templates
- Paper tablecloths
- Paint palettes
- Water pots

5/9/2024

I did the shopping to get the materials I needed for the sessions from a craft store.

(Target 2)





## Portfolio of Evidence

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Please tell us why you have included this evidence and how it shows how you have worked on your challenge and towards your personal target or targets.



This is one of the painting templates I gave to the residents. Below are my planning and reflection notes for Session 1:

- Materials needed: Paints, brushes, palettes, water cups, tablecloths, sketch book paper.
- Set-up: Clear tables and cover with tablecloths, fill water cups and place paint in palettes.
- Running order: Let the residents pick templates for paintings. Help them to get the correct paint. Show them how to do different brush strokes and blending paint colours.

Reflection: Next time, I need to get the equipment set up quicker so I can spend more time getting everyone into groups. I also want to try to slow down when I explain how to do the activity.

(Targets 2 and 3)

This picture is from my paint mixing session. Here are my Session 2 planning notes and reflection:

- Materials needed: Paints, brushes, palettes, water cups, tablecloths, sketch book paper.
- Set-up: Cover tables and put out equipment ready for session.
- Running order: Lead session on paint mixing to create different colours to help the residents complete their animal and plant paintings.

Reflection: I came in earlier today to set up and this helped with the timing. The residents really listened to my instructions on how to mix the paint. I also decided to play some music during the session and this relaxed everyone. I asked the residents to give me some songs they like and I am going to make a playlist for the next few sessions.

(Targets 2 and 3)



## Portfolio of Evidence

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Please tell us why you have included this evidence and how it shows how you have worked on your challenge and towards your personal target or targets.



These are the mounting frames we made. My notes and session reflection are below.

- Materials needed: Cards, craft knives, slip mats, glue and completed residents paintings.
- Set-up: Lay out slip mats and craft knives. On another table, place glue and resident paintings.
- Running order: Lead two residents at a time to cut out the frame for their paintings. Teach them how to use the craft knife properly and safely. When all residents have frames, take them to the next table to mount their paintings.

Reflection: It took longer than I thought to cut out the frames. I am going to help the last few residents finish next week before our session. Everyone loved having the music from their playlist on. Some of the residents were talking about going to dance halls and it was great to hear their stories.

(Targets 2 and 3)



These are some of the wreaths the residents made. Below are my plans and reflection for both sessions:

- Materials needed: Paper plates, paints, brushes, palettes, string, ribbon, scissors, glue, flowers.
- Set-up: Place tablecloth on tables and get water for cups. Put paint in palettes and set out scissors, string and flowers.
- Running order: Lead two sessions of bonnet making. In the first, we'll paint the bonnets and leave to dry. In the next, we'll add accessories.

Reflection: I helped the residents plan the design of their bonnets. This went really well and the residents were so creative. It might have gone better if I had more accessories to choose from. If I do a session like this again, I will ask the residents first what things they would like rather than picking myself.

(Targets 2, 3 and 4)





## Portfolio of Evidence

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Please tell us why you have included this evidence and how it shows how you have worked on your challenge and towards your personal target or targets.



This is the air clay and the tools we are going to use for our models.

At the end of the last session, I did a consultation with the residents to find out what they would like to do with the clay. These are the results:

- Animals - 2
- Flowers - 0
- Dish - 1
- Picture holder - 8

We went with the picture holder since it was easier and we do not need lots of tools to make them. I will need to borrow some rolling pins from the care centre but Calum said this would not be a problem. During the discussion, I had to improve my organisational skills as I had to think on my feet about getting the equipment I needed for the next session. This has helped me work on Target 4.



Reflective statement: Target 3

Since I've started working on my award, I think I have been getting much better at leading sessions with the residents. I have been well organised and each session has helped me feel more confident in my leadership skills. I feel more comfortable explaining how to complete the activities and every week, I feel like the residents are listening to me and are finding it easier to follow my instructions. I am now being clearer with my instructions and this is making me a better leader. I also think by having weekly reflections on my sessions, I've been able to really improve as a leader for the next session.



## Portfolio of Evidence

**Reminder:** No matter what kinds of evidence you choose, you should include an explanation along with each that describes what it is and how it relates to your challenge and personal targets. You will also need to make sure the time log in your Awards Booklet is updated as you add new evidence.

Please tell us why you have included this evidence and how it shows how you have worked on your challenge and towards your personal target or targets.



These are how-to images I found for our clay picture holders. Below is my session plan and reflection:

- Materials needed: Tablecloths, clay, scissors, card and rolling pins.
- Set-up: Cover table with tablecloths and put out the clay, card, and rolling pins for each resident.
- Running order: Show residents how to cut clay and make the picture holder. Place on paper with the resident's name and to leave to dry.

Reflection: I organised the materials early today, laying out clay and covering it to make sure it doesn't dry out. The residents were good at using the rolling pins to flatten out the clay. I helped some of them to do the cutting as it was quite hard to get through the clay in the right depth. I think this week has really helped me with my organisational skills.

(Targets 2 and 4)

Reflection on Target 1:

We've completed two arts and crafts activities and are halfway through the third now. I feel like my research on the best things to do with the residents really paid off. All of the activities so far have gone over well and the residents have been able to do all of them without much trouble. Calum has commented on how they have all really enjoyed all the sessions so far and are looking forward to me coming in each week. I did most of my research online and also asked my Gran what sort of things she would like to do before I approached the care home to offer my arts and craft sessions. I think doing so much research and having a good plan is what made the care home say yes to me coming in.



## Portfolio of Evidence

**Reminder:** No matter what kinds of evidence you choose, you should include an explanation along with each that describes what it is and how it relates to your challenge and personal targets. You will also need to make sure the time log in your Awards Booklet is updated as you add new evidence.

Please tell us why you have included this evidence and how it shows how you have worked on your challenge and towards your personal target or targets.



These are more how-to images I found for making picture holders. My plan and reflection are below:

- Materials needed: Paint, brushes, palettes, water cups and tablecloths.
- Set-up: Cover tables with tablecloths, fill water cups and place on each table. Fill palettes with paints and place out brushes for each resident.
- Running order: Walk the residents through how to paint their clay so it dries evenly. Set out drying clay on paper with the resident's name.

Reflection: The session went well and the residents said I gave clear instructions. We had a wee incident when one of the water cups spilled, but I quickly cleaned it up before it ruined anyone's clay. Next week, I need to bring in the boxes for the art display. I have also picked two residents to help me make the display before everyone else puts in their art work. (Targets 2, 3 and 4)

This is a picture of one of the pieces a resident made. Everyone did such a good job and the best thing is how pleased they were with their work and how they looked forward to me coming in to do the arts in crafts sessions. Most of the residents have already put photos in their holders and have set them on their dressers.

Reflection on Target 4:

After all the work to make up my session plans, gather all the materials, and take care of all the set up and clean up for my projects, I feel I have really improved my organisational skills. Each week, I feel like I feel more prepared and I am proud of the things that have went well throughout the sessions.



## Portfolio of Evidence

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Today we got everything ready for the art display. Above is one of the shoebox display stands we made. My planning notes and reflections are below.

- Materials needed: Display board, spray mount, double sided sticky tape, shoe boxes, paper.
- Running order: Pick pieces to display, wrap shoe box stands, adhere paintings to the display board. Then, get feedback from the residents on what they want to do on display day (food, drinks and any feedback sheets to use).

Reflection: I helped the residents decide what art pieces to display and how to set everything up. I've planned display day for 23 May in the communal area and talked to the care home about getting tea, coffee and biscuits. I thought it was really lovely the residents want to send flyers to invite their families. This made me feel great!  
(Targets 2, 3 and 4)

This is a copy of the display day invitation that I created for the residents to send out to their families and the other residents. I asked everyone what colour they wanted to use and they chose gold. I think it turned out really well.

I also did the shopping and bought some cakes and biscuits to serve with the tea and coffee at the art display day. Making all these plans and arrangements has really helped me to develop my organisational skills.

(Target 4)





## Portfolio of Evidence

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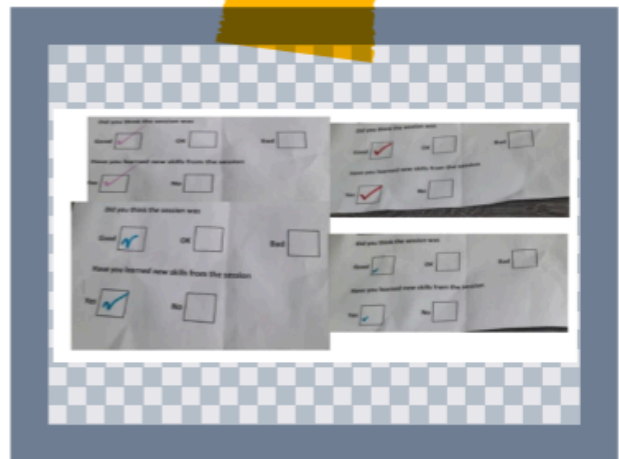
Please tell us why you have included this evidence and how it shows how you have worked on your challenge and towards your personal target or targets.



This is a photo of the refreshments table I set up for our art display day. Below are my planning and reflection notes:

- Materials needed: Cakes, biscuits, plates, mugs and tablecloths.
- Running order: Set up the display table with the boards, boxes and artwork pieces. Set up the mugs and plate up the cakes and biscuits. Make sure the urns are ready for the coffee and tea. Get the residents ready to speak about what they've made in the sessions..

Reflection: The day was a big success! I was so proud of the residents who talked about what they made and I loved seeing how proud they were of their finished art. Many of their families also thanked me for delivering the sessions and this made me so happy. Everyone was so appreciative and I really enjoyed the happy feeling of the day.  
(Targets 3 and 4)



This is a picture of the feedback I got from some of the residents on the arts and crafts sessions. I made the feedback sheets pretty simple...they only needed to tick a box on how they felt the sessions went and if they felt they had gained any skills during my sessions. I was so happy that 100% of the residents who took part said they thought it was good and that they had gained new skills. Some said they would like to do more of the clay modeling with other shapes and make new things. Reading their feedback has made me feel very proud of myself.

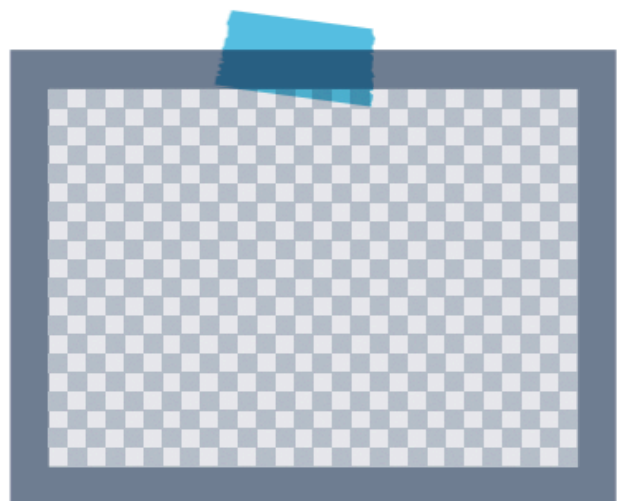
(Target 3)



## Portfolio of Evidence

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Please tell us why you have included this evidence and how it shows how you have worked on your challenge and towards your personal target or targets.



*This is a copy of the PowerPoint I made for my Gold Award presentation.*

*I've planned my presentation day for 3 December at the community cafe in the Youth Club. I have invited some of my friends, family, my youth workers and some of the workers at the care home. I have planned for tea, coffee and biscuits for the people who will be attending.*

**Include as many pieces of evidence as you need to show the work you've done for the challenge and targets.**

**You might have a few blank spaces in your evidence booklet, or you may need extra booklets. It all depends on the challenge.**

**Need more space?** You can fill out as many evidence booklets as you need, just make sure you clearly list the name of your challenge on the cover and number them if you are submitting more than one booklet for the same challenge.



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# YOUTH ACHIEVEMENT AWARD GOLD PRESENTATION 3RD DEC 2024

AVA MACDONALD





## MY THREE MAIN POINTS

- 1. The importance of planning things well
- 2. How good it feels to lead sessions for others
- 3. What new skills I have developed through doing my Gold Award

## ONE - PLANNING



I did lots of research into what were the best arts and craft things to do with this age group



I made sure I got the best value for the materials I needed for the session



I prepared session plans before each session



I made sure I was there in plenty of time to set up each session



I discussed things with the Care Home staff to make sure I was well organised

## TWO - LEADING SESSIONS



Being well organised helped me to lead good sessions



Consulting with the residents made my leadership role better



Producing good sessions plans



Gaining confidence to speak out in front of a group



Giving clear instructions



Supporting residents to complete their arts and craft projects

## TWO - LEADING SESSIONS

### One of my session plans

#### **Materials needed 7/3/24**

**Paints, brushes, pallets, water cups, tablecloths, sketch book paper**

#### **Set up**

**Clear tables and cover with tablecloths, fill water cups and place paint in pallets**

#### **Running order**

**Let residents pick template for painting. Help them to get the correct paint. Show how to do different brush strokes to create different textures. Lead session on mixing paints to create different colours.**



## TWO - LEADING SESSIONS

- Some of the arts and crafts the resident produced during the sessions.



## THREE - SKILLS I DEVELOPED

- I have developed good organisational skills
- I have gained confidence to lead sessions and speak out in front of people
- I have developed my research skills online
- I have gained great leadership skills
- I have grown my oral and written communication skills
- I have gained more confidence in my ability to evaluate my leadership



# QUESTIONS AND ANSWERS



Does anyone have any questions they wish to ask me?



THANKS FOR  
LISTENING